

**Join us on
Thursday, December 3, 2020
at 7:00 p.m. for the
Virtual Presentation**

***Unchartered Territory:
The Challenge and Hope
of Parenting in the
Age of COVID***

Every generation of parents has faced challenges. In the 60's, there was civil unrest and presidential assassination. In the 70's, it was the Vietnam War. In the 80's, it was the Cold War with Russia. Then there has been Columbine, 9/11 and a whole host of alarming domestics events.

But this pandemic, this one is a doozy - disrupting work, school, and home life in unique and sustained ways.

In this 60-minute presentation, parents will be exposed to a new theory of human behavior and human experience - The Polyvagal Theory. The theory explains why we are so challenged, dysregulated, and polarized - even in our own families. More importantly, it will help parents apply the theory in a way that offers hope and shifts focus to growing our resilience during this time.



Presenter: Emily Read Daniels, M.Ed., MBA, NCC, SEP™ in training

Emily is founder of [HERE this NOW](#), a trauma-informed consulting firm and author of the new somatosensory and Polyvagal-informed approach to SEL (social-emotional learning): [The Regulated Classroom: "Bottom-Up" Trauma-Informed Teaching](#).



**Please Click the
Link to Join the
Virtual
Presentation**

<https://us02web.zoom.us/j/81092579475?pwd=SFhmNmNmxWL2s0WTJYdjZ4Kzd2U0xOdz09>

**Meeting ID: 810 9257
9475**

Passcode: 674590

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